

Post treatment Skin Care for vessels laser

Apply ointment to the area to prevent drying and crusting. Ointment applied following the laser treatment can have a soothing effect. If a crust develops, allow it to fall off naturally. Do not scratch or pick.

- Avoid hot baths/ whirlpools for one week following treatment.
- Do not shave for 1 to 3 days if blistering and/ or crusting occurs.
- Avoid exposure to the sun. Apply sunscreen with a SPF30 or greater to the area whenever exposure to the sun is unavoidable.
- Avoid exercises that can cause vasodilatation for one week post treatment. Walking is encouraged.
- If make up is allowed, apply and remove it delicately. Excess rubbing can open the area and increase the chance of scarring.
- Discomfort, such as swelling or redness (lasting from a few hours to a couple of days). Can be relived with acetaminophen or ice packs.
- Please contact the office immediately if the treated area becomes tender and shows signs of infection (pus).

Follow-up treatments are scheduled at least at 3-4 weeks intervals.