

Instructions For Laser Epilation

1. Always use sunscreen to areas that would be treated. The sunscreen should be SPF 30 or better 50 and applied regularly (every 3-4 hours) during the day.
2. Tell your doctor if you are exposed to the sun without sunscreen in the last 4 weeks.
3. Shave or trim the hair very close to the area that will be treated the day before your appointment.
4. Four hours (every half hour) before your appointment, apply numbing cream EMLA (can be purchased from pharmacies). This instruction is only for the bikini and underarms areas.
5. After waxing and a day later avoid using deodorants, cosmetics or pharmaceutical creams. Wash the area gently without rubbing.
6. For 3 days after waxing regularly use moisturizing creams like Bepanthol.